



**AAPACN**  
AMERICAN ASSOCIATION OF  
POST-ACUTE CARE NURSING



# CONNECTED TOGETHER

**AAPACN 2022 CONFERENCE**

**APRIL 12-14, 2022 | LAS VEGAS, NV**

THANK YOU TO OUR PREMIER SPONSOR





AAPACN members are **CONNECTED** by a passion for their profession, by a mission to provide quality resident care, and by a commitment to life-long learning. **TOGETHER**, AAPACN members represent more than 5,500 LTPAC facilities delivering care for almost one million residents. As we prepare to come together again – safely in person – at the AAPACN 2022 Conference, we asked these dedicated providers what **Connected | Together** means to them.



**Connected** to me means always knowing there's someone I can turn to for **guidance, support, and inspiration**, whether that's someone on my team or a thousand miles away at the AAPACN Conference.

**Kathy from Georgia**



AAPACN has been a **career saver** for me since 2007. I was ready to give up because of the feeling of isolation, not knowing anyone else that I could collaborate with concerning MDS questions.

**Claire J.**



With AAPACN, I never feel alone in my role. I have an **extended team of peers** around the country who I can reach out to for advice. That's **connected!**

**Nate, member since 2018**



One of the greatest benefits of belonging to a professional association is the **lasting connections** we make with other members. I look forward to being **connected** and **together** again at the AAPACN 2022 Conference. This is an important moment for nurses and LTPAC professionals to **come together** once again, **learn from each other**, and **spark our passion** for post-acute care.

**Jill Snow, AAPACN Board Chair**

Simply put, **Connected | Together** describes the genuine bond formed by AAPACN members each year when they meet, reunite, share experiences, and expand their knowledge at the AAPACN Conference.

# Preconference and Conference Schedule

*\*Schedule subject to change*

## Preconference

### Sunday, April 10, 2022

---

3 – 6 pm — Registration and Information Desk Open

### Monday, April 11, 2022

---

6:30 am – 5:30 pm — Registration and Information Desk Open

6:30 – 7:30 am — Preconference Workshop Breakfast (QCP Workshop Only)

7:30 am – 5:30 pm — Two-Day Workshop – QCP

Noon – 1 pm — Preconference Workshop Lunch (QCP Workshop Only)

1:30 – 5:30 pm — Two-Day Workshops - ICD-10 and RAC-CT Recertification

### Tuesday, April 12, 2022

---

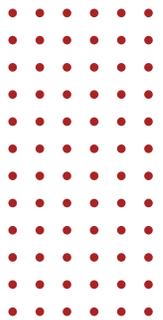
6:30 am – 7:30 pm — Registration and Information Desk Open

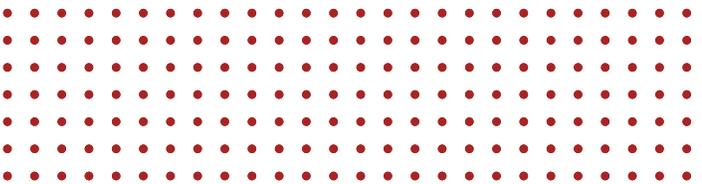
6:30 – 7:30 am — Preconference Workshop Breakfast  
*(QCP, ICD-10, and RAC-CT Recert Workshops Only)*

7 am – 3 pm — Two-Day Workshop - QCP

7:30 – 11:30 am — Two-Day Workshops - ICD-10 and RAC-CT Recertification

Noon – 1 pm — Preconference Workshop Lunch *(QCP Only)*





## Conference Begins

### Tuesday, April 12, 2022

---

2 – 2:45 pm ——— Optional Event: First-Timer Meet and Greet

3:30 – 5 pm ——— Welcome, AAPACN Awards, and Opening Catalyst Session

5:15 – 7:15 pm ——— Whodunnit? Mystery Party in Conference Connection Center

### Wednesday, April 13, 2022

---

6 – 7 am ——— Optional Event: AAPACN Education Foundation FUNdraiser Walk

7 am – 6 pm ——— Registration and Information Desk Open

7 – 8 am ——— Great Start Networking Breakfast

8:15 – 9:30 am ——— AAPACN Education Foundation Scholarships and Catalyst Session

9:45 – 11:15 am ——— Breakout Sessions

11:30 am – 12:30 pm ——— Product Theater Lunches

12:45 – 2:15 pm ——— Breakout Sessions

2:15 – 4:15 pm ——— Afternoon Snacks in Solution Central

4:30 – 6 pm ——— Breakout Sessions

### Thursday, April 14, 2022

---

6:30 am – 12:30 pm ——— Registration and Information Desk Open

6:30 – 7:30 am ——— Continental Breakfast

7:30 – 8:45 am ——— Breakout Sessions

9 – 10:15 am ——— Breakout Sessions

10:30 am – Noon ——— Closing Catalyst Session

# AAPACN Education & Certification Preconference Workshops

Monday, April 11, 2022 – Tuesday, April 12, 2022

## QAPI Certified Professional (QCP) Workshop

*Taught by Barbara Bates, RN, MSN, RAC-CT, DNS-MT, QCP-MT, and Linda Winston, RN, MSN, BS, RAC-CT, DNS-MT, QCP-MT, both of MDS Solutions and MedNet Concepts*

As a QAPI Certified Professional (QCP), you have shown that you have the knowledge and experience to guide your team in complying with QAPI regulations. This credential demonstrates that you know how to implement QAPI-mandated processes in your facility that is systematic, ongoing, and encompasses all areas of service. The QCP certification is designed for licensed professionals with two years of experience who are directors of nursing services, QAPI managers, nursing facility administrators, nurse managers, social services directors, activities directors, or staff development directors. The prep workshop is optional for earning the QCP certification but is designed to help you prepare for the exam.

Workshop topics include:

- QAPI Design and Scope for Skilled Nursing Facilities
- QAPI Governance and Leadership for Skilled Nursing Facilities
- QAPI Feedback, Data Systems, and Monitoring for Skilled Nursing Facilities
- QAPI Performance Improvement Projects for Skilled Nursing Facilities
- QAPI Systematic Analysis and Systemic Action for Skilled Nursing Facilities

***The two-day QCP Workshop provides 15 nursing CEs.***

## RAC-CT™ Recertification Workshop

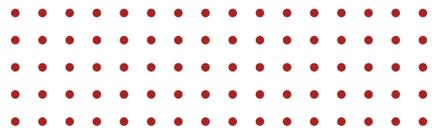
*Taught by Jessie McGill, RN, RAC-MT, RAC-MTA, and Jennifer LaBay, RN, RAC-MT, RAC-MTA, CRC, both of AAPACN*

Are you up-to-date on all of the regulatory changes that have developed since you became RAC-CT certified? The RAC-CT recertification program carefully explains all of the MDS updates that have taken place over the past two years. It also covers the nuance of common coding errors that you could be making, preparing you to perform more accurate assessments and deliver better care. Following this workshop, you'll be able to:

- Identify the most common MDS coding errors and how to avoid them
- Understand updates to MDS 3.0 Quality Measures and how specific MDS items impact them
- Master PPS scheduling challenges
- Navigate ethical dilemmas during the RAI process

***The RAC-CT Recertification workshop provides 7.5 nursing CEs.***

*This recertification workshop is designed for those who have already earned their RAC-CT designation and are approaching their two-year recertification deadline.*



## ICD-10 CM Coding Certificate Program for SNFs

*Taught by Carol Maher, RN-BC, RAC-MTA, RAC-MT, CPC, Hansen Hunter & Co.*

In this program, AAPACN Master Teacher, Carol Maher, RN-BC, RAC-MT, CPC, guides post-acute care nurses and IDT members through the process of determining and identifying the most appropriate ICD-10-CM codes. The Patient-Driven Payment Model (PDPM) has increased the importance of accurate ICD-10-CM diagnoses by shifting Medicare payments from therapy volume to resident characteristics. ICD-10-CM codes and diagnoses will impact the OT, PT, SLP, NTA, and nursing components under PDPM. Carol will walk you through the process for using the ICD-10-CM Manual, from identification of the main term through the final code selection, and review coding and chapter-specific guidelines. Following this workshop, you'll be able to:

- Define the correct process for determining the ICD-10 CM code from the physician's documented diagnoses
- State the importance of chapter specific guidelines
- Explain steps required to determine a principal diagnosis
- State the MDS item where the facility will document the ICD-10-CM code for the primary diagnosis
- List at least four documents to review to determine diagnoses for your new SNF resident

***The ICD-10 workshop provides 7.5 nursing CEs.***



# AAPACN Conference Schedule

## ICON KEY

Breakout  
Session  
Type



**NAC  
Topics**



**DNS  
Topics**



**Leadership  
Topics**



**General  
Sessions**

**Tuesday, April 12, 2022**

**Registration and Information Desk Open | 6:30 am – 7:30 pm**

**Optional Event: First-Timer Meet and Greet | 2 – 2:45 pm**

Meet other first-time conference attendees in a fun and relaxed atmosphere. This is a great opportunity to connect with other members and begin networking and making new friends. The First-Timer Meet and Greet also gives you the chance to talk with AAPACN experts, board members, and staff, and have some fun at the same time. It's the perfect way to kick-off the conference!



**Welcome, AAPACN Awards, and Opening Catalyst Session | 3:30 – 5 pm**

**Culture & Retention Unlocked: Clarity, Commitment, Consistency**

*Galen Emanuele, President, Shift Yes*

The game has changed for organizations around attracting and retaining talent, and the dynamics of employee experience that produce engaged, high-performing teams and reduce turnover. This engaging session will fundamentally transform how you approach and drive culture and employee experience in your organization. In the process, you will also gain critical communication skills to increase your self-awareness, emotional intelligence, and the impact you have on others. You will laugh and learn while gaining knowledge, tools, and takeaway resources to put into practice immediately. This session will permanently raise the bar for you, your team, and organization in a profound way.

## Celebrate the 2022 AAPACN Award Winners

Just before the Opening Catalyst Session, AAPACN will present the 2022 Awards for outstanding members who demonstrate excellence in AAPACN's core values of:



**Integrity**



**Inspiration**



**Innovation**



**Influence**



**Impact**

## **Whodunnit? Mystery Party in Conference Connection Center | 5:15 – 7:15 pm**

Following the Opening Catalyst Session, gather in the Conference Connection Center for an interactive Whodunnit? Mystery Party with food, drinks, and prizes. Join other attendees and Conference Solution Providers to help solve the “*Mystery at Shady Oaks: The Case of Missing DON Jane Foster.*” This fun environment puts a new spin on the opening night reception and will help kick start your conference networking.

**Wednesday, April 13, 2022**

## **Optional Event: AAPACN Education Foundation FUNdraiser Walk | 6 – 7 am**



**Wake up and get moving!** Help the AAPACN Education Foundation raise money for nursing scholarships by participating in the annual FUNdraiser Walk. Join with colleagues as a team or just enjoy a morning walk with new AAPACN friends. Registration is \$25 per person and all proceeds directly support Foundation scholarships. You can register for the FUNdraiser Walk when you register for conference, or you can register on-site.



## **Registration and Information Desk Open | 7 am – 6 pm**

## **Great Start Networking Breakfast | 7 – 8 am**

Start the first full day of conference with a reverse round robin style networking breakfast. Conference Solution Providers will rotate from table to table, engaging in small group discussions and learning about the challenges you face as post-acute care professionals.

## **AAPACN Education Foundation Scholarships and Catalyst Session | 8:15 – 9:30 am**

*Ruth Katz, Senior Vice President of Public Policy/Advocacy, LeadingAge, and Nimalie Stone, MD, Medical Epidemiologist for Long-term Care in the Division of Healthcare Quality Promotion at the Centers for Disease Control and Prevention (CDC)*

# Congratulations 2022 AAPACN Education Foundation Scholarship Winners

Before the Catalyst Session, we'll honor the recipients of the 2022 AAPACN Education Foundation Scholarships, including:



Advancing Nurse Leadership in Post-Acute Care Scholarship



Elevating Post-Acute Care Nursing Scholarship



Lighting the Way for Post-Acute Care Nursing Scholarship



Frontline Heroes in Post-Acute Care Scholarship fully supported by Broad River Rehab

Learn More About the AAPACN Education Foundation Scholarships

## Breakout Sessions | 9:45 – 11:15 am

### 1.1 ICD-10 Codes and Quirks: Focus on Fractures, Diabetes, and Cardiovascular Codes *Jennifer LaBay, RN, RAC-MT, RAC-MTA, CRC, AAPACN*

Selecting the correct diagnosis code is not always quick and easy. For success, the coder must be aware of the peculiarities of the ICD-10-CM Official Guidelines for Coding and Reporting manual and be able to make an informed decision. In this session, you will dive deep into diagnoses commonly used in skilled nursing facilities and review instructions, conventions, and coding guidance. You'll examine coding examples of traumatic fractures and complications, diabetes, and cardiovascular conditions. Following this session, you'll be able to:

- Understand the instructions, conventions, and coding guidance for traumatic fracture codes and complications, diabetes, and cardiovascular conditions
- Learn how to use the *ICD-10-CM Official Guidelines for Coding and Reporting* manual as a resource for accurate coding
- Achieve better resident outcomes through accurate ICD-10 diagnosis coding



## 1.2 Take Control of Your Infection Control Program

*Amy Lee, RN, BSN, MSN, CRRN, QCP, Coretactics, Inc.*

For providers, caring for the elderly during a pandemic was filled with bold heroism in the face of unprecedented challenges such as supply chain disruptions, worsened staffing challenges, medical supply shortages, unexpected loss of life, and exhausted caregivers. In this session, you'll discuss lessons providers have learned, review recent survey trends, and summarize how we can use all of this as steppingstones to prepare our facilities for success in the new norm. Following this session, you'll be able to:

- Review recent survey deficiency trends and the enhanced enforcement actions for non-compliance
- Describe the process changes clinical leaders need to make to prepare for the next infection control
- Recognize the power of your infection control data and quality assurance in ensuring your operation



## 1.3 Managing Managed Care

*Maureen McCarthy, RN, BS, RAC-MT, QCP-MT, DNS-MT, RAC-MTA, Celtic Consulting, AAPACN Board of Directors*

Managed Care insurers continue to find new reasons to deny payments to long-term care providers. SNFs are seeing reduced reimbursement year-over-year with commercial insurers managing Medicare and Medicaid programs. Currently, Managed Care has consumed 30% of the Medicare population and is anticipated to grow exponentially through 2030. This session will provide key strategies to manage Managed Care. You will gain insight of where to verify reasons for payment denial and how to identify regulatory language to assist in fighting denials. Following this session, you'll be able to:

- Recognize payment denials for unfounded CMS regulations
- Locate various SNF regulations governing reimbursements
- Implement a robust medical review process
- Identify best practices for addressing denied care





## 1.4 Ways to Improve Quality Measures Without Breaking a Sweat

*Linda Winston, RN, MSN, BS, RAC-CT, DNS-MT, QCP-MT, and Faith Carini-Graves, BSN, RN, RAC-CT, both from MDS Consulting*

Many long-term care providers are concerned about their facility’s Quality Measures and for good reason. They know that quality measures are used for annual surveys, in the Five-Star rating, and indicates the quality of care. In this session, you’ll discuss systematic approaches and how to prioritize your quality measures. You will learn how to evaluate a Quality Measure and find the root cause, as well as strategies to improve your quality measures that don’t even involve exercising or sweating. Following this session, you’ll be able to:

- Review a systematic approach to ensuring your Quality Measures are accurate
- Conduct an evaluation of a Quality Measure
- Discuss the prioritization of quality measures within the facility
- Identify five strategies to improve quality measures and the Five-Star Quality Measure rating

### Product Theater Lunches | 11:30 am – 12:30 pm

### Breakout Sessions | 12:45 – 2:15 pm

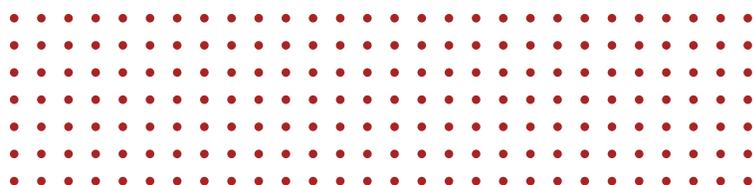
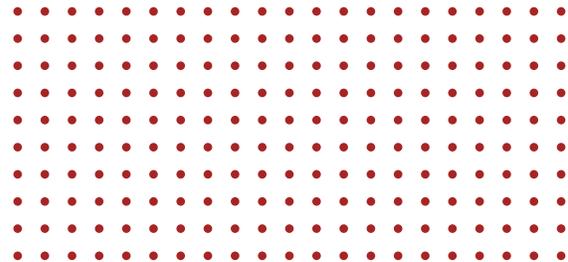


## 2.1 PDPM: The “D” Should be for Documentation

*Jessie McGill, RN, RAC-MT, RAC-MTA, AAPACN*

The Patient-Driven Payment Model (PDPM) is a complex reimbursement system based on numerous resident characteristics. From diagnoses to cognition to behavioral symptoms, many different items can impact the five case-mix adjusted components of PDPM. However, it is not as simple as checking a box; documentation must be in place to support the *RAI User’s Manual’s* requirements for coding an item on the MDS before it can be used in the PDPM methodology. In this session, you will dissect the root cause of documentation problems and how it leads to missed opportunities under PDPM. Following this session, you’ll be able to:

- Understand the nuances of the five case mix-adjusted components of PDPM
- Identify key services, conditions, or procedures that may lack the supporting documentation needed to capture them on the MDS
- Recognize the root cause of missed documentation and set up a plan to ensure documentation supports MDS coding





## 2.2 Unique Challenges of the Healthcare Workforce: New Strategies for New Demands

*Lisa Thomson, BA, LNHA, HSE, CIMT, Pathway Health*

The value of the healthcare workforce is typically discussed in terms of operational and clinical outcomes including shortages, recruitment, and retention. The impact is even more expansive, encompassing quality, outcomes, and organization data, to name a few. In this session, you will examine the unique challenges of today's healthcare workforce and explore five key strategies for leaders as they embrace the new demands faced while enhancing recruitment and retention efforts for positive outcomes. Following this session, you'll be able to:

- Identify industries affecting the healthcare workforce
- Describe the top challenges of the healthcare workforce and operations
- Explain five key leadership strategies to meet the new demands for positive outcomes



## 2.3 Audit Survival Documentation and Compliance Serving Different Masters

*Alicia Cantinieri, MBA, BSN, RN, RAC-CTA, RAC-CT, Zimmet Healthcare Services Group*

Medicare Part A, Medicare Advantage, State Medicaid Case-Mix, and survey all need different documentation to support reimbursement and care provided, or do they? In this session, you will gain insight on documentation to support care across different payers and agencies to promote the best outcomes for the patients and the facilities, with emphasis on resident-centered care, MDS accuracy, and supporting documentation. Following this session, you'll be able to:

- Identify the different types of supporting documentation needed across different payer sources
- Understand the components of resident-centered assessment and planning for care
- Enhance the knowledge and skill set of the clinical team to better understand the impact of the MDS
- Explain the effects of MDS coding on survey, QRP, Quality Measures, and planning for care



## 2.4 Using Lean Healthcare to Elevate Your Leadership and PIP Success

*Rebecca Cahill, DNP, RN, CPHQ, CENP, Research College of Nursing*

Regulatory, reimbursement, and staffing challenges continually require post-acute care leaders and staff to do more with fewer resources. Lean healthcare practices can enhance performance improvement efforts by eliminating waste while improving outcomes and the customer and team member experience. In this session, you'll gain insight into lean healthcare practices, and identify which essential tools of lean healthcare can be implemented in your organization. Case studies will be examined to help you understand how to apply the concepts. Following this session, you'll be able to:

- Summarize the critical success factors for lean healthcare implementation
- Explain the areas of waste that occur in healthcare
- Explore essential lean healthcare tools and concepts
- Discuss opportunities to infuse lean healthcare practices into an organization



## Afternoon Snacks in Solution Central | 2:15 – 4:15 pm

Enjoy light snacks and refreshments between sessions, while learning more about the products and services our Solution Providers offer that can help you do your job more efficiently and effectively.

## Breakout Sessions | 4:30 – 6 pm



### 3.1 Who Holds the Aces? Your Playbook for Identifying Missed Opportunities and How to Walk Away a Winner

*Megan Ussery, RN, RAC-CT, QRM Health*

Following the onset of the Patient Driven Payment Model (PDPM), providers across the country were hit with unique and unprecedented challenges due to COVID. This forced shift in focus led to decreased collaboration and communication, ultimately impacting clinical and financial outcomes. In this breakout session, we will discuss trends identified through more than two years of PDPM auditing, how to identify the cards stacked against you, and how to move forward with an ace in the hole. Following this session, you'll be able to:

- Recognize the top missed opportunities within each PDPM component
- Explain the relationship between patient-centered care and reimbursement
- Identify a system for recognizing when the time is right for an IPA



### 3.2 Rapid Evaluation Teams: No Longer Just for Hospitals

*Amanda Thorson, MSN, BSN, RN, CMSRN, GERO-RN, PHN, Carris Health Care Center*

A Rapid Evaluation Team (RET) is a systematic process for staff to call for help in urgent or concerning situations. Staff respond quickly to provide support and complete structured tasks to rapidly evaluate the situation and intervene. This creates a response system and culture that is structured and proactive to assess and intervene before a situation becomes an emergency. This session examines the need to assess current processes, identify opportunities for improvement, and create action plans to build efficient and effective response processes. Following this session, you'll be able to:

- Understand how Rapid Evaluation Teams can reduce unplanned hospitalizations and emergency department visits lead to better outcomes in urgent and concerning situations, and improve organizational culture
- Discuss practical strategies to get started and incrementally integrate an effective and sustainable rapid response process within your organization
- Utilize assessment and implementation tools to evaluate and improve your organization's ability to respond to urgent and concerning situations



### 3.3 The Real Triple Check Not Just Going Through the Motions

*Stephanie Kessler, and Angela Briggs, both with RKL LLP*

Why do you need to have another meeting? Triple check meetings, when done correctly, not only ensures an accurate claim is being submitted, it assists providers with good processes and often identifies missed opportunities. It is important for the triple check process to involve multiple members of the interdisciplinary team and everyone at the meeting should understand the discussion. From claim coding to ICD-10-CM codes, the triple check meeting should tell a story, not just check a box. Following this session, you'll be able to:

- Define keys components of an effective triple check process
- Understand the impact PDPM has on triple check



### 3.4 Connected Leadership: Legal and Regulatory Updates

*Janet Feldkamp, JD, BSN, RN, LNHA, CHC, Benesch Attorneys at Law, AAPACN Board of Directors*

COVID-19 has caused tremendous chaos in the lives of facility leaders, employees, and residents, but facilities must move ahead at this time. The dramatic changes have affected numerous regulatory and enforcement criteria and the focus will continue to change as the country and the post-acute care industry recovers to what will be our new normal. CMS and state agencies frequently readjust their focus regarding procedures and processes for surveys. The Office of Inspector General's (OIG) annual work plan provides information on current focuses and understanding of the importance of compliance with requirements is imperative for good leaders. This session will provide information and potential action items regarding survey and certification protocol and requirements, including recent changes and proposed changes. Discussion will also include areas such as emergency preparedness, HIPAA, COVID-19, and other hot topics for nursing facilities. Following this session, you'll be able to:

- Understand current regulatory requirements and challenges for post-acute care facilities including new transmittals, guidance, and other issuances from CMS
- Analyze the impact of the Office of Inspector General's (OIG) work plan on post-acute care providers and multiple agencies focus on fraud enforcement and prevention
- Discuss updates on Fraud and Abuse cases, enforcement, and a review of current OIG work plan
- Recognize the need for proactively addressing facility challenges facing the post-acute care industry

**Thursday, April 14, 2022**

**Registration and Information Desk Open | 6:30 am – 12:30 pm**

**Continental Breakfast | 6:30 – 7:30 am**

**Breakout Sessions | 7:30 – 8:45 am**



#### 4.1 To IPA or Not? A Very Important Question

*Carol Maher, RN-BC, RAC-MTA, RAC-MT, CPC, Hansen Hunter & Co*

Opportunities to increase Medicare reimbursement is often missed due to the complicated payment system (PDPM). In this session, you will focus on the areas of the payment system with the greatest opportunities for increased payment. The HIPPS codes will be used to help you recognize the payment level for each component. Take the mystery out of the payment system and understand what the payment levels are and which items present the best payment opportunities so nurses and Medicare team members can work together to watch for these IPA opportunities. The nursing, NTA and SLP components will also be reviewed. Following this session, you'll be able to:

- Identify the two PDPM components that provide the highest reimbursement
- Recognize nursing service that provide high utilization, and therefore, higher reimbursement
- Report the components of the PDPM HIPPS codes and how to identify the nursing case-mix group
- Describe strategies for setting ARDs for IPAs and how the ARD impacts reimbursement



#### 4.2 Falls Management: The Impact of Cognition and Other Mitigating Factors

*Kathy Hostetler, MS, OTR/L, and Josh Harp, PTA, RAC-CT, both with Legacy Healthcare Services*

Nurses working in post-acute care continue to face difficulties preventing falls. The current standard of practice is to refer to physical therapy. While that practice remains a good one, additional referrals to members of the interdisciplinary team can reveal additional success rates for fall reduction. In this session, you'll explore how managing and monitoring factors outside of balance, such as cognition, vision, sleep, and medications, can positively impact falls in skilled nursing facilities. Following this session, you'll be able to:

- Review strategies for fall prevention programming in order to reduce resident falls
- Identify the essential components of a comprehensive fall management program for residents with cognitive impairment
- Recognize how to mitigate other compromising factors that will impact fall risk
- Describe the key components of a comprehensive and effective fall prevention program





### 4.3 What's in it for ME? Asked the Resident

*Leigh Ann Frick, PT, MBA, RAC-CT, Care Navigation Consulting, and Liz Barlow, BSN, RN, CRRN, RAC-CT, DNS-CT, Synchrony Rehab, AAPACN Board of Directors*

Patient-Centered. Isn't that what healthcare should be, specifically in LTPAC care? Through recent personal experiences, these two presenters saw firsthand some of the challenges with transitions of care and care planning through the healthcare system. Hear their stories and understand how the RAI process should be used with the entire team - with a focus on nursing and therapy - for positive patient outcomes. It is only by true collaboration and coordination with each step that good patient care planning is performed and carried out. Following this session, you'll be able to:

- Understand the RAI Process MDS, CAAs, and care plans and how each contributes to successful discharge
- Define different indicators that the IDT can utilize to assist with discharge readiness
- Discuss ways to improve discharge planning by initiating conversations preadmission and updating through length of stay
- Review evidenced-based resources and understand different strategies used for teach-back related to health literacy and discharge planning



### 4.4 Lessons Learned from the COVID-19 Pandemic: An insightful Perspective from a Nursing Leader

*Josanna Enriquez, MSN, RN-BC, CNL, CNE, CIC, LNHA, Lifespace Communities*

No nurse leader practicing today has experienced anything like the COVID-19 pandemic. It unraveled a lot of strengths and weaknesses for our long-term care communities and pushed nursing leaders to the brink of surrender. Most often, a lot of time is focused on keeping up with regulations and protocols but there is an opportunity to explore the experiences of our nursing leaders who have invested so much to keep our residents and team members safe. We can learn invaluable lessons from these experiences and help us better prepare for an uncertain future. Following this session, you'll be able to:

- Understand the various experiences of nursing leaders throughout the COVID-19 pandemic
- Describe the best practices that were implemented during the COVID-19 pandemic
- Discuss opportunities for improvement that can be helpful in future challenges
- Value the importance of these experiences in the success of a nursing leader





## 4.5 Are You Crispy? How to Manage Healthcare Burnout

*Melanie Tribe-Scott BSN, RN, RAC-MT, RAC-MTA, QCP, Zimmet*

Are you feeling salty and crispy like a piece of well-done bacon? You could be experiencing burnout. This session will offer advice beyond taking a few deep breaths and going on a vacation. Discussion will explore ways to support yourself and your team during these difficult times. We will laugh, touch on the more serious subjects, and learn how to deal with burnout in healthcare. Following this session, you'll be able to:

- Identify the signs and symptoms of burnout
- Define compassion fatigue
- Understand how to manage burnout for your team and for yourself
- Look towards the future with hope for change

### Breakout Sessions | 9 – 10:15 am



#### 5.1 The Top 10 (or so) MDS Mistakes and How to Avoid Them

*Rosie Benbow, RN, CCM, ICC, IP, DNS-CT, QCP, RAC-CT, Leading Transitions Post-Acute Care Consultation and Staffing, LLC, AAPACN Board of Directors*

In this breakout session, you will review common coding mistakes as well as bad habits and routines. Understand how to avoid these common mistakes and recognize the proper coding and assessment steps that should be taken according to the RAI Manual. Following this session, you'll be able to:

- Identify three common coding mistakes that impact Quality Measures
- Recognize three common coding mistakes that impact reimbursement
- Explain how MDS coding mistakes relate to regulatory compliance



#### 5.2 Emergency Preparedness: Tools for an Effective Response

*Rebecca Cahill, DNP, RN, CPHQ, CENP, Research College of Nursing*

The COVID pandemic has reinforced to care providers across the spectrum that emergency management is of utmost importance. Leaders and nurses must possess skills to lead teams and develop processes during times of crisis. In this session, we will examine what one long-term care community experienced in the early months of the pandemic. Practical strategies and techniques will be shared, and lessons learned will be discussed. Following this session, you'll be able to:

- Summarize baseline requirements for emergency preparedness
- Discuss the role of crisis command culture in an emergency response
- Explain how quality principles can improve the emergency response of an organization
- Describe crisis communication strategies during an emergency response



### 5.3 Onboarding and Retention Strategies to Keep Your Employees

*Kendra Nicastro, LeaderStat*

You've posted the job ads, had some fantastic interviews, and are excited and relieved that your new hires officially said yes to the job offer. You even have the first week planned out, but a strong onboarding plan is just one piece of the puzzle that makes up employee retention and satisfaction. How will you make sure your new hires continue to show up and thrive in the next 100 days? How will you proactively work to show them that they matter, and that you're committed to helping them succeed and grow? This session will focus on the link between onboarding and various strategies to retain and grow your staff. Following this session, you'll be able to:

- Discuss effective strategies to get new hires excited about their role and your organization
- Review onboarding tips to help your new employees succeed
- Identify strategies to increase employee satisfaction and create an internal pipeline of candidates





## 5.4 Triggers, Trauma, and Care: Viewing Trauma-Informed Care Through the Resident

*Alexis Roam, MSN, RN-BC, DNS-CT, QCP, and Denise Winzeler, BSN, LNHA DNS-CT, QCP, both of AAPACN*

Trauma-informed care is more than just meeting a requirement set forth in the phase 3 federal regulatory requirements. Trauma-informed care is necessary to keep residents safe and provide an environment free from trauma triggers. This session will provide you with an overview of trauma-informed care, how it impacts residents, and strategies to operationalize trauma-informed care within the facility that necessitates staff training and a system of care delivery. Gain some best practices for implementation of this system for care delivery. Following this session, you'll be able to:

- Define trauma-informed care and summarize regulations related to trauma-informed care
- Develop patient-centered care plans with the goal of preventing re-traumatization
- Identify the necessary domains to implement a trauma-informed care approach



## Closing Catalyst Session | 10:30 am – Noon

### 2022 Update from CMS (invited)

*John Kane, SNF Team Lead, CMS, Evan Shulman, Director - Division of Nursing Homes, CMS, and Ellen Berry, Health Insurance Specialist, CMS*

Join representatives from CMS as they share valuable information about the current national initiatives that impact the everyday care of nursing home residents and the staff who care for them. CMS will cover topics such as MDS assessment, Patient-Driven Payment Model (PDPM), Payroll-Based Journal, Five-Star Quality Rating System, the Quality Reporting Program, and the federal survey process. Don't miss this much anticipated annual conference highlight.

## Continuing Education

**The AAPACN 2022 Conference is eligible for up to 11.25 CEs.**

The American Association of Post-Acute Care Nursing (AAPACN) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

AAPACN works in conjunction with the National Association of Long-Term Care Administrator Boards (NAB) to provide nursing home administrators continuing education. Official NAB approval is pending.

# Registration Information

All conference attendees, presenters, staff, and engagement solution providers must be fully vaccinated against COVID-19 in order to attend the AAPACN 2022 Conference. A negative COVID-19 test will not be accepted as a substitution for being fully vaccinated against COVID-19. Please visit the [COVID-19 policy page](#) for more details.

## Your conference registration includes:

All conference educational sessions, conference materials, Tuesday's evening event, breakfast and lunch on Wednesday, breakfast on Thursday, all refreshment breaks, and online access to the Conference Community. *\*Note: Preconference workshops and Foundation FUNdraiser Walk require additional registration fees.*

## Your preconference workshop registration includes:

The two-day QCP workshop registration includes access to certification exam and breakfast and lunch on Monday and Tuesday.

The two-day RAC-CT Recertification Workshop registration includes access to certification and final exams and breakfast on Tuesday.

The ICD-10 Workshop registration includes access to the certificate exam and breakfast on Tuesday.

## Important Dates

- **March 14, 2022** – The discounted hotel rate is only available through this date, and is available on a first-come, first-served basis. Please book early to secure the discounted rate.
- **March 21, 2022** – Early-bird registration discount ends at midnight.
- **April 4, 2022** – Pre-registration deadline. All registrations after this date must be handled on-site and higher fees will apply.

## Payment Information

AAPACN Conference accepts Visa, MasterCard, and American Express. If a check payment is accompanying your form, please make the check payable to AAPACN. We are unable to process registration forms received without payment.

**Please mail your registration form with payment to:**  
400 S Colorado Blvd, Ste 600, Denver, CO 80246

## Cancellation and Transfers

For all preconference workshops and conference, cancellations and/or attendee substitutions must be submitted in writing to AAPACN via email to [conference@AAPACN.org](mailto:conference@AAPACN.org). All cancellations **received by April 4, 2022**, will be refunded in full, less a \$50 cancellation fee. After **April 4, 2022**, no refunds will be issued except in case of emergency or a visit from State Surveyors. Registration fees cannot be transferred to other AAPACN programs.

## Commercial Support/Conflict of Interest

Commercial support provided to AAPACN by exhibitors and/or sponsor has in no way influenced or biased the content of the educational activities and conference sessions. AAPACN does not endorse or promote commercial products or services within its educational programs that are awarded continuing nursing education.

AAPACN does a thorough evaluation when developing and implementing an educational activity to ensure that Planning Committee members, speakers, and presenters do not have conflicts of interest. If a conflict of interest is identified, it is resolved and disclosed to all participants prior to the beginning of the activity.

## Membership

You must be an AAPACN member at the time of registration to qualify for the member rate. Membership is non-transferrable; it is based on the individual and not the organization. Any attendee substitutions must also be AAPACN members at the time of the registration, or the non-member rate will be assessed. You may join AAPACN at the time of your registration by adding a membership option. Full payment for registration and membership must accompany your registration form.

## Educational Session Changes

The schedule disclosed is preliminary. The final schedule and educational offerings are subject to change. Please consult the conference mobile APP for final session schedules or visit [AAPACN.org](http://AAPACN.org) for updates to the schedule. All Planning Committee members, speakers, and presenters do not have any conflicts of interest to disclose. Click here for further information on ANCC accreditation.



# Host Hotel Information

## Westgate Las Vegas Resort & Casino

3000 Paradise Road, Las Vegas, NV 89109

All conference events will be held onsite at the Westgate Las Vegas Resort & Casino. AAPACN has secured a block of discounted rooms for our attendees at the rate of \$139 per night plus associated local taxes and fees. In addition, there is a resort fee of \$30 which includes high speed internet access in your guestroom (for three devices), fitness center access for up to two adults, guest parking, and shuttle service to Las Vegas Strip and Downtown Las Vegas. A charge of \$35 will be added for each guest over double occupancy with a maximum of four guests per room.

Click [here](#) to book directly into the discounted room block or call the hotel's reservation line at 1-800-635-7711 and mention the AAPACN 2022 Annual Conference or group code: **SPACN2R**. Check-in time at the hotel is 3 pm and check-out time is 11 am.

***AAPACN's block of rooms will only be available through Monday, March 14, and are on a first-come, first-served basis. Please book early to ensure your spot in the discounted room block.***

## Getting to Westgate Las Vegas Resort & Casino

### Flying

McCarran International Airport (Airport code: LAS) is conveniently located five miles from the Westgate Las Vegas Resort & Casino.

A cab ride to the hotel will cost approximately \$12- \$17 each way.

Lyft and Uber are both currently allowed to pick up at the airport. The cost estimate for one person is \$13 one way not including tip. Be aware of surge pricing where it can cost you double to triple the amount depending on the times, and please be aware that regulations regarding ride-sharing services are subject to change.

### Driving

Complimentary self-parking is available for guests at the Westgate.



# CONNECTED | TOGETHER

## AAPACN 2022 CONFERENCE

APRIL 12 - 14, 2022 | LAS VEGAS, NV

**Conference Location:**  
 Westgate Las Vegas  
 Resort & Casino  
 3000 Paradise Road  
 Las Vegas, NV 89109

## Registration Form

Full Name \_\_\_\_\_ Credentials \_\_\_\_\_

Job Title \_\_\_\_\_ Organization \_\_\_\_\_ Telephone \_\_\_\_\_ Email Address \_\_\_\_\_

Address Home Work \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

I am a current member. My member number is \_\_\_\_\_

Will there need to be any special accommodations made for you to fully participate in any conference sessions?

Do you have any special dietary requirements (kosher, vegan, gluten-free, allergies, etc.)?

**\*Required:** Who should we contact in case of an emergency? Please provide first name, last name, and telephone number.

**\*Required:** Would you like to receive information from companies exhibiting or sponsoring this year's conference? Yes No  
 By selecting yes, you are giving your consent for these companies to email you.

**How did you hear about the conference? Please check all that apply.** Email Ad in Nursing Publication Direct Mail  
 Online Ad Facebook/Social Media AAPACN Website Friend or Co-worker Other

## REGISTRATION FEES

AAPACN CONFERENCE		MEMBER	NON-MEMBER	AAPACN PRECONFERENCE WORKSHOPS		MEMBER	NON-MEMBER
Early Bird	Register Before March 21, 2022	\$499	\$835	QCP Workshop (15 CEs) April 11- 12, 2022		\$560	\$815
Standard	Register Between March 21 - April 4, 2022	\$549	\$835	RAC-CT Recertification Workshop (7.5 CEs) April 11- 12, 2022		\$275	\$475
On-Site	Register After April 4, 2022	\$599	\$885	ICD-10 Workshop (7.5 CEs) April 11- 12, 2022		\$420	\$620
<b>OPTIONAL EVENTS</b>							
FUNdraiser Walk		<i>Im Walking</i> \$25	<i>Im Sleeping In</i> \$25				
Conference Total							
<b>AAPACN MEMBERSHIP</b>							
One-Year AAPACN Membership			\$146				
Two-Year AAPACN Membership			\$246	Conference Total			
One-Year Full-Time Student Membership			\$50	Preconference Workshop Total			
AAPACN Member Number				Membership Total			
Membership Total				Total Payment			

## BREAKOUT SESSION SCHEDULE

Please select which breakout sessions and events you plan on attending by checking the box next to each session.

### TUESDAY, APRIL 12, 2022

2 – 2:45 pm **Optional Event**  
First-Timer Meet and Greet

### WEDNESDAY, APRIL 13, 2022

9:45 – 11:15 am **Breakouts**

- 1.1 **ICD-10 Codes and Quirks: Focus on Fractures, Diabetes, and Cardiovascular Codes**  
*Jennifer LaBay, RN, RAC-MT, RAC-MTA, CRC, AAPACN*
- 1.2 **Take Control of Your Infection Control Program**  
*Amy Lee, RN, BSN, MSN, CRRN, QCP, Coretactics, Inc.*
- 1.3 **Managing Managed Care**  
*Maureen McCarthy, RN, BS, RAC-MT, QCP-MT, DNS-MT, RAC-MTA, Celtic Consulting*
- 1.4 **Ways To Improve Quality Measures Without Breaking A Sweat**  
*Linda Winston, RN, MSN, BS, RAC-CT, DNS-MT, QCP-MT, MDS Consulting, and Faith Carini-Graves, BSN, RN, RAC-CT, MDS Consultants*

12:45 – 2:15 pm **Breakouts**

- 2.1 **PDPM: The “D” Should be for Documentation**  
*Jessie McGill, RN, RAC-MT, AAPACN*
- 2.2 **Unique Challenges of the Health Care Workforce: New Strategies for New Demands**  
*Lisa Thomson, BA, LNHA, HSE, CIMT, Pathway Health*
- 2.3 **Adult Survival Documentation and Compliance Serving Different Masters**  
*Alicia Cantinieri, MBA, BSN, RN, RAC-CTA, RAC-CT, Zimmet Healthcare Services Group*
- 2.4 **Using Lean Healthcare to Elevate Your Leadership and PIP Success**  
*Rebecca Cahill, DNP, RN, CPHQ, CENP, Research College of Nursing*

4:30 – 6pm **Breakouts**

- 3.1 **Who Holds the Aces? Your Playbook for Identifying Missed Opportunities and How to Walk Away a Winner**  
*Megan Ussery, RN, RAC-CT, QRM Health*
- 3.2 **Rapid Evaluation Teams: No Longer Just for Hospitals**  
*Amanda Thorson, MSN, BSN, RN, CMSRN, GERO-RN, PHN, Carris Health Care Center*

3.3 **The Real Triple Check Not Just Going Through the Motions**  
*Stephanie Kessler, and Angela Briggs, RKL LLP*

3.4 **Connected Leadership: Legal and Regulatory Updates**  
*Janet Feldkamp, JD, BSN, RN, LNHA, CHC, Benesch Attorneys at Law*

### THURSDAY, APRIL 14, 2022

7:30 – 8:45 am **Breakouts**

- 4.1 **To IPA or Not: A Very Important Question**  
*Carol Maher, RN-BC, RAC-MTA, RAC-MT, CPC, Hansen Hunter & Co.*
- 4.2 **Falls Management: The Impact of Cognition and Other Mitigating Factors**  
*Kathy Hostetler, MS, OTR/L, and Josh Harp, PTA, RAC-CT, Legacy Healthcare Services*
- 4.3 **What’s in it for ME? Asked the Resident**  
*Leigh Ann Frick, PT, MBA, RAC-CT, Care Navigation Consulting, and Liz Barlow, JD, BSN, RN, LNHA, CHC. Benesch Attorneys at Law*
- 4.4 **Lessons Learned from the COVID-19 Pandemic: An Insightful Perspective from a Nursing Leader**  
*Josanna Enriquez, MSN, RN-BC, CNL, CNE, CIC, LNHA, Lifespace Communities*
- 4.5 **Are You Crispy? How to Manage Healthcare Burnout**  
*Melanie Tribe-Scott BSN, RN, RAC-MT, RAC-MTA, QCP, Zimmet*

9 – 10:15 am **Breakouts**

- 5.1 **The Top 10 (or so) MDS Mistakes and How to Avoid Them**  
*Rosie Benbow, RN, CCM, ICC, IP, DNS-CT, QCP, RAC-CT, Leading Transitions Post-Acute Care Consultation and Staffing, LLC*
- 5.2 **Emergency Preparedness: Tools for an Effective Response**  
*Rebecca Cahill, DNP, RN, CPHQ, CENP, Research College of Nursing*
- 5.3 **Onboarding and Retention Strategies to Keep Your Employees**  
*Kendra Nicasro, LeaderStat*
- 5.4 **Triggers, Trauma, and Care: Viewing Trauma Informed Care Through Residents**  
*Alexis Roam, MSN, RN-BC, DNS-CT, QCP, and Denise Winzeler, RN, BSN, LNHA, AAPACN*

## PAYMENT METHOD

Registration forms received without payment cannot be processed.

### Check Enclosed

Payable to AAPACN, postmarked by April 4, 2022

### Credit Card

Visa  
Mastercard  
Amex

Card Number

Name on Card

Expiration Date

Security Code

Billing Address

City

State

Zip

Signature

## THREE WAYS TO REGISTER

1. Online at [AAPACN.org](http://AAPACN.org)
2. Fax to 303.758.3588
3. Mail form with payment to AAPACN: 400 S. Colorado Blvd., Suite 600, Denver, CO 80246

# Technology that simplifies and strengthens ...

Helping you enhance care, quality and efficiency!



**Providing long-term care organizations with applications to improve clinical, financial and operational outcomes is a decades-long priority for Inovalon, formerly ABILITY Network.**

We're proud to lead the way in helping skilled nursing facilities:



Improve PDPM reimbursement



Maintain MDS accuracy



Ensure claims and MDS data consistency



Simplify quality management and reporting

View details at [abilitynetwork.com/aapacn](http://abilitynetwork.com/aapacn)