

Goals Worksheet

Using the scale below, prioritize the professional development areas in order of importance to you, with **1 being most important and 7 being least important.**

- ___ **Work-life balance**
- ___ **Time management**
- ___ **Managing and dealing with difficult people**
- ___ **Career path**
- ___ **Networking/relationship building**
- ___ **Leadership skills**
- ___ **Resident-directed Care**

Once you've rated each goal area, list three concrete examples of what you'd like to achieve with your mentor. A question you might ask yourself while completing this section is, *"Once I've developed my skills in this area, I would like the result to be..."*

Area: Work-life Balance	Area: Time Management	Area: Leadership Goals	Area: Career Path
Goals:	Goals:	Goals:	Goals:
Area: Networking/ Relationship Building	Area: Managing and Dealing with Difficult People	Area: Resident-directed Care	
Goals:	Goals:	Goals:	

Next level steps for the mentee:

Create your own action plan for weekly/monthly activities to keep moving forward!